

Improving Safety Performance Globally

# The Safe Worker

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## Who is the course intended to help.

The "Safe Worker" is designed for workers, volunteers, employees, full and part time staff who have no supervisory or management responsibility.

#### Aims:

The course aims to provide learners with an understanding of their legal duties, and the need to co-operate to effectively implement the health and safety arrangements within the company.

#### **Content:**

- The health and safety responsibilities of the company;
- The health and safety management system;
- Assessing risks;
- Controlling risks;
- Identifying hazards (covers a range of typical hazards);
- Investigating accidents;
- Measuring performance;
- Protecting the environment;

#### **Intended Learning outcome:**

On successful completion of the course, delegates will be able to demonstrate their understanding of:

- employers and employees legal duties;
- the need for effective safety management system within the company;
- risk assessment and appropriate risk control measures;
- workplace hazards;
- the benefits of active and reactive monitoring for continued improvements in health and safety performance;
- reducing environmental impacts;

#### Accreditation and assessment;

- The course is accredited by OCN Credit4Learning;
- Following the study of all the course materials, delegates will complete an online test;
- Online assessment through multiple choice questions;
- Test results are instant;
- Certification is online;
- Hard copy available upon request;
- · Records retained by mylearnadfriend subject to your continued use;
- Up to three resits available.

#### **Duration:**

- Course material available on line 24/7 and much much more;
- Up to (12) weeks to complete the 9.8 hour (time managed) programme;
- Links to supporting sites (e.g HSE) throughout;
- Learner forums ongoing

## Learning Outcomes and Assessment Criteria

Learning Outcomes	Assessment Criteria
The learner should be able to	The learner can
<ul> <li>1. Show an understanding of hazards within the working environment to reduce the risks of harm to themselves, other people, the organisation, and the environment.</li> </ul>	<ul> <li>Identify the person(s) responsible for health and safety in the working environment</li> <li>Review workplace instructions are relevant to the work being carried out</li> </ul>
	<ul> <li>Identify the hazards associated with working practices which could harm themselves, other persons, the organisation or the environment</li> </ul>
	<ul> <li>Identify aspects of the working environment which could cause harm to themselves, others persons, the organisation or the environment</li> </ul>
• Have an understanding of the different levels of risk and hazard that are present in the working environment.	• Recognise which of the hazards identified within the working environment present the highest risk to themselves, other persons, the organisation and the environment
<ul> <li>Understand how to take the appropriate action to reduce the risks of harm to themselves, other people, the organisation and the environment.</li> </ul>	<ul> <li>Recognise and rectify only those health and safety risks that are within their capabilities and within the scope of their responsibilities</li> <li>Demonstrate how to deal with hazards of a low risk nature in accordance with instructions.</li> </ul>
	<ul> <li>Recognise the need to pass on any suggestions for reducing risks to health and safety to the responsible person(s).</li> </ul>
	• Demonstrate that their personal conduct in the working environment does not endanger the health and safety of themselves or other persons.
	<ul> <li>Review the instructions for the safe use of equipment, materials and products.</li> </ul>
	<ul> <li>Report any differences between responsible persons instructions and suppliers or manufacturer's instructions as appropriate.</li> </ul>
	<ul> <li>Report those hazards which present the highest risk immediately to the person(s) responsible for health and safety in the working environment</li> </ul>
	<ul> <li>Demonstrate working practices in accordance with workplace instructions and legal requirements</li> </ul>
	<ul> <li>Demonstrate how to follow environmentally friendly working practices.</li> </ul>
	• Demonstrate personal behaviour in the working environment that protects the health and safety of themselves and others, and is in accordance with instructions.

#### **Outline of Unit Content**

This course is for everyone at work including those who are entering the workplace for the first time and those that have had no formal Health and Safety training (Whether voluntary, paid, full or part-time).

This course is about the health and safety responsibilities of people in a workplace.

It deals with the knowledge required to make sure that:

- Workers actions or omissions do not create health and safety hazards;
- Workers identify significant risks in the workplace, and
- take sensible action to put things right, including: reporting situations which pose a danger to themselves and others in the workplace and seeking advice.

The aim is for them to demonstrate an awareness of significant health and safety risks in the working environment and being aware of how to identify and deal with them appropriately.

#### Learning Outcomes and Assessment Criteria

## **Outline of Proposed Learning Activities/Approach to Delivery**

The programme is delivered on line and is available 24/7 from anywhere that has an internet connection. The e learning course will be provided through a Managed Learning Environment (MLE) and consists of interactive modules containing the underpinning knowledge for the programme and activities for learners to apply their knowledge and practice their skills. Learner progress can be monitored by employers and support can be provided where necessary.

#### Outline of Resources/Bibliography (as appropriate)

Learners will be able to access the Safe Worker e-learning course from www.mylearnadfriend.co.uk

Assessment Methods/Tasks	Assessment Evidence for each Learning Outcome
Assessment will be through an online test using multiple choice questions.	Learners must achieve a 70% pass mark to gain a certificate of achievement. LO1- LO3
	Those failing to achieve the required pass mark will be given the opportunity to re-sit the test. Maximum tests to be taken will be three.

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